# **Hope You Dance**

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**Music:** "I Hope You Dance" by Lee Ann Womack (Single) or **CD:** "I Hope You Dance". **76 bpm NOTE:** If using the album version or original radio mix, a re-start will be necessary to phrase correctly.

Any other song of a similar tempo and feel.

**Description:** 32 count, Night-Club 2-step style, 2-wall, Intermediate level dance.

**Begin:** On vocals (32 counts)

#### & CROSS & BEHIND, 1/4 STEP, 1/2 PIVOT, RIGHT-LOCK-STEP, TRIPLE FULL TURN

&1&2 Step slightly back on left, Cross step right over left, Step left to side, Step right behind left

\$3,4
\$5&6
\$1/2 turn left, Step forward on right, Pivot 1/2 left
\$1/2 turn left, Step forward on right, Pivot 1/2 left
\$1/2 turn right stepping L, R, L (Easy option: left-lock-left forward)

#### ROCK, RECOVER, CROSS, TOUCH-TURN-STEP, SWIVEL, SWIVEL, SIDE SHUFFLE

**9&10** Rock right to side, Recover weight onto left, Cross step right over left

11&12 Touch left to side, Pivot 1/4 turn right, Step forward on left

13,14 Swivel (pivot with feeling) 1/2 turn right, Swivel (pivot with feeling) 1/2 turn left

15&16 Step right to side, Step left next to right, Step right to side \*\*\*

## BACK-ROCK-DRAG, CROSS-TURN-DRAG, BACK-ROCK-DRAG, CROSS-TURN-DRAG

17&18 Rock back on left, Recover weight onto right, Large step left on left – dragging right

towards left

19& Cross step right over left, Step back on left 1/4 turn right,
20 Large step right on right – dragging left to meet right

21&22 Rock back on left, Recover weight onto right, Large step left on left - dragging right towards left

Cross step right over left, Step back on left 1/4 turn right,
Large step right on right – dragging left towards right

**Note**: The above steps should be danced smoothly and flowing with the large steps almost sliding.

## SAILOR STEP & SAILOR STEP, PIVOT, STEP, SWAY & SWAY, ROCK

25&26 Cross step left behind right, Step right to side, Step left in place

&27&28 Cross step right behind left, Step left to side, Step right in place, Step forward on left

Pivot 1/2 right

30&31 Step left to side and sway hips left, Sway hips right, Sway hips left

32 Sway (rock) hips right (weight ends on right)

## Begin again.

\*\*\*Restart when dancing to "I Hope You Dance" Original Radio mix or Album version by LeAnn Womack. You will dance the 3<sup>rd</sup> wall up until count 16 (side shuffle) at which point begin the dance again on the "&" count by stepping slightly back on the left.